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## Clinical Oncology Update

### Pharmacogenetics and Cancer Chemotherapy

L. Iyer<sup>1</sup> and M.J. Ratain<sup>1,2,3</sup>

<sup>1</sup>Committee on Clinical Pharmacology; <sup>2</sup>Department of Medicine; and <sup>3</sup>Cancer Research Center, The University of Chicago, 5841 South Maryland Avenue, MC 2115, Chicago, Illinois 60637, U.S.A.

**Cancer chemotherapy is limited by significant inter-individual variations in responses and toxicities. Such variations are often due to genetic alterations in drug metabolising enzymes (pharmacokinetic polymorphisms) or receptor expression (pharmacodynamic polymorphisms). Pharmacogenetic screening prior to anticancer drug administration may lead to identification of specific populations predisposed to drug toxicity or poor drug responses. The role of polymorphisms in specific enzymes, such as thiopurine S-methyltransferases (TPMT), dihydropyrimidine dehydrogenase (DPD), aldehyde dehydrogenases (ALDH), glutathione S-transferases (GST), uridine diphosphate glucuronosyltransferases (UGTs) and cytochrome P450 (CYP 450) enzymes in cancer therapy are discussed in this review. © 1998 Elsevier Science Ltd. All rights reserved.**

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#### INTRODUCTION

INTER-SUBJECT VARIABILITY in therapeutic drug responses and drug toxicities is a major problem in clinical practice. Such variability is largely due to genetic factors leading to altered drug metabolism and/or receptor expression [1]. Polymorphisms in drug-metabolising enzymes, which appear to be more extensive than those of receptors [2], result in altered pharmacokinetics of therapeutic agents. Since the discovery of debrisoquine hydroxylase deficiency in the 1970s [3], pharmacogenetic polymorphisms of several drug metabolising enzyme systems have been identified and characterised [4–7]. Genetic variations in receptor expression systems, or pharmacodynamic polymorphisms, have been recently identified as major determinants of drug responses [8, 9].

The relationship between an individual's capacity to metabolise environmental carcinogens and other xenobiotics and susceptibility to cancer has been extensively studied [10–13]. The applicability of pharmacogenetics in cancer chemotherapy is critical due to the following reasons:

- (1) anticancer agents generally have a narrow margin of safety;
- (2) many of these agents are prodrugs and are bio-transformed to active counterparts by enzyme systems that exhibit genetic polymorphisms;

- (3) the active forms are usually also associated with toxicity;
- (4) certain anticancer agents are detoxified by polymorphic enzyme systems; and
- (5) most cancer chemotherapeutic drugs exhibit significant inter-patient variability in pharmacokinetics and toxicity.

This review will focus on the role of genetic polymorphisms of well-known classes of drug-metabolising enzymes in cancer chemotherapy.

#### THIOPURINE S-METHYLTRANSFERASE (TPMT)

TPMT catalyses the S-methylation of 6-mercaptopurine (6-MP) (also formed *in vivo* from the immunosuppressive prodrug, azathioprine), to form inactive metabolites. This competes with two other pathways of 6-MP metabolism that form inactive 6-thiouric acid and active 6-thioguanine nucleotides (6-TGN), catalysed by xanthine oxidase and hypoxanthine phosphoribosyltransferase (HPRT) enzymes, respectively [14]. 6-MP is commonly used as a component of maintenance therapy in acute lymphoblastic leukaemia (ALL) in children. 6-MP exhibits considerable inter-subject variation in oral bioavailability [15] and haematopoietic toxicities such as acute leucopenia, anaemia and pancytopenia [16]. This variation is largely due to variations in 6-MP metabolism, resulting from a genetic polymorphism of TPMT enzyme. In TPMT deficient patients, high concentrations of TGNs accumulate in haematopoietic tissues,

which is the basis for the haematopoietic toxicity observed in such patients [17]. TPMT deficient patients may require up to a 15-fold reduction in 6-MP doses to prevent fatal haematotoxicity [18]. In contrast, homozygotes with high TPMT activity may appear resistant to 6-MP therapy [19].

Population studies have shown a trimodal distribution of TPMT activity, with 89% of subjects having a high erythrocyte TPMT activity, 11% having intermediate activity and approximately 1 in 300 individuals having extremely low, or absent TPMT activity [20]. Similar polymorphic patterns have been observed in TPMT activity between Caucasians and Black subjects, with a reported 17% lower median TPMT activity in Blacks [21]. A unimodal distribution of TPMT activity has been observed in Japanese and Korean subjects [22, 23]. TPMT activity is age-related, with 50% higher activity reported in newborns compared with race matched adults, although the distribution of TPMT activity in newborns was similar to that seen in Caucasian and Black adults [24].

TPMT activity is usually assessed by monitoring red blood cell (RBC) TPMT activity which correlates with TPMT activity in leucocytes, liver, kidney, and leukaemic lymphoblasts [25, 26]. TPMT activity is inversely correlated to the concentration of TGNs in erythrocytes, which is another means to measure phenotypic activity of 6-MP [19], although recent reports indicate no correlation between TGN levels and TPMT activity [27]. The activities of the other enzyme systems involved in 6-MP metabolism may interfere with the phenotypic activity of TPMT activity [28], which is further complicated by intrasubject variation during therapy [14]. In addition, an accurate assessment of TPMT activity is not possible in patients who have received recent erythrocyte transfusions [17]. The functional TPMT gene has now been cloned and localised to human chromosome 6 [17, 29]. Two mutant alleles have been isolated from TPMT deficient [*TPMT*\*2, Ala to Pro substitution in codon 80) and heterozygous [*TPMT*\*3, Ala to Thr in codon 154 and Tyr to Cys in codon 240) patients [17, 30]. These mutations result in lower cellular levels of TPMT protein due to enhanced degradation of the proteins encoded by mutant *TPMT* alleles [31]. These findings have resulted in the development of polymerase chain reaction (PCR)-based methods to identify *TPMT* mutations, producing a 98% concordance between TPMT genotype and TPMT phenotype, which was determined by measuring RBC TPMT activity [30].

#### DIHYDROPYRIMIDINE DEHYDROGENASE (DPD)

DPD catalyses the initial, rate-limiting step in the catabolism of pyrimidines such as thymine and uracil and the fluoropyrimidine, 5-fluorouracil (5-FU). 5-FU is one of the most widely used anticancer agents in the treatment of breast, head and neck and colorectal cancers [32]. However, significant inter-individual variations in 5-FU clearance, tumour response and host toxicity have been reported after 5-FU therapy [32–34]. These variations may be due to genetic differences in the activity of DPD enzyme [35]. Deficiency in DPD activity can lead to severe 5-FU related toxicity which can be fatal [36, 37]. In contrast, high DPD activity (> 0.85 nmol/min/mg protein) in liver samples has also been reported [38], the significance of which is not clear, but may result in poor response to 5-FU treatment.

Tuchman and colleagues [39] were the first to report a case of DPD deficiency in a 27-year-old woman with breast cancer who exhibited myelosuppression, diarrhoea, stomatitis

and neurological symptoms during 5-FU treatment. Measurement of uracil and thymine levels indicated 5–6 times higher levels in plasma and urine. Similar reports of DPD deficient cancer patients having familial pyrimidinaemia and pyrimidinuria and exhibiting severe 5-FU toxicity, emerged in the next few years [40, 41]. Currently, 17 cases of cancer patients with DPD deficiency have been reported in the literature [35]. The severe toxicity observed in 5-FU treated DPD deficient patients is believed to be due to alterations in 5-FU pharmacokinetics, with > 90% of 5-FU being recovered in urine, an apparent elimination half-life of approximately 160 min and a systemic clearance of 71 ml/min/m<sup>2</sup> [40]. Corresponding values in patients with apparently normal DPD activity are: < 20%, 13 ± 7 min and 594 ± 198 ml/min/m<sup>2</sup>, respectively [34, 42].

Results from family studies suggest an autosomal recessive pattern of inheritance of DPD deficiency [40, 41]. Frequency of heterozygotes in the population may be as high as 3% [37] and that of homozygotes could be approximately 1/1000 [43]. Patients with low DPD activity have been identified as being at risk for severe toxic reactions to standard doses of 5-FU [37, 44]. Population studies indicate a normal distribution of DPD activity in peripheral blood mononuclear/PBMN cells [37, 45] and in human liver cytosolic preparations from donors [38]. DPD activity is not correlated with age or race [37, 38, 45, 46], but appears to be influenced by gender (15% lower DPD activity in women) [38, 45].

The gene encoding DPD has been recently cloned [47–49] and localised to chromosome region 1p22 [50]. The molecular basis for DPD deficiency is due to the deletion of a 165 bp segment in DPD mRNA due to exon skipping [51, 52] and a much rarer occurrence of a point mutation at codon 974 (aspartic acid to valine) of the DPD gene [53]. A diagnostic PCR-based genotyping assay is being developed to screen populations for the exon skipping mutation [54]. A recent report shows a lack of phenotype–genotype correlation for DPD enzyme, indicating the presence of DPD-deficient subjects in the population, who may be asymptomatic [55]. Hence, the contribution of a second gene, linked to the mutated DPD gene, in the complete manifestation of DPD deficiency may not be ruled out [55].

The clinical importance of DPD deficiency may diminish due to the availability of potent inhibitors of DPD such as 3-cyano-2,6-dihydropyridine (CNDP) [56], 5-benzoyloxybenzyluracil [57] and 5-ethynyluracil (776C85) [58]. The use of such inhibitors may result in an improved therapeutic index of 5-FU by enabling the administration of smaller doses of 5-FU, as all patients would become DPD-deficient [59].

#### N-ACETYLTRANSFERASES (NAT)

Human acetylation polymorphism has been documented since the 1950s with the observation of slow and fast acetylators of isoniazid [60]. Two NAT genes (*NAT1*\* and *NAT2*\*) have been sequenced and located at distinct loci on chromosome 8, pter-q11 [61, 62]. Substrates of *NAT1* include p-aminobenzoic acid and p-aminosalicylic acid and those of *NAT2* include isoniazid, procainamide, hydralazine and sulphonamide [63–65]. *NAT1* was initially believed to be monomorphic, but recent reports indicate that the *NAT1* locus may be polymorphic [63, 66]. *NAT2* exhibits a hereditarily determined polymorphism which shows substantial race-related differences [67], as 50% of Caucasians, but only 10% of Japanese subjects are slow acetylators. Fourteen

*NAT2*\* alleles have been found in Asian (excluding Japanese), Black, Hispanic and Caucasian subjects and four alleles have been found in Japanese subjects [61, 68, 69].

The association between carcinogenesis and *NAT2* acetylator phenotypes is an area of continued research interest [64, 70, 71]. *N*-acetylation by *NAT2* of the topoisomerase II inhibitor, amonafide, is of importance due to the considerable inter-patient variability in amonafide toxicity. *N*-acetyl-amonafide contributes to the toxicity (myelosuppression) of amonafide. Significantly different recommended phase II doses (RPTD) from two clinical trials (250 mg/m<sup>2</sup> and 400 mg/m<sup>2</sup>) were reported for amonafide [72, 73]. Most phase II clinical trials used a dose of 300 mg/m<sup>2</sup>/day for 5 days.

Recent studies have focused on the identification of fast and slow acetylators of amonafide and dosing the two groups separately [74–77]. Rapid acetylators of amonafide were shown to have significantly greater bone marrow toxicity than slow acetylators using a dose of 300 mg/m<sup>2</sup> over 60 min infusion, for 5 days [74, 76]. Using caffeine as a probe [78, 79], Ratain and colleagues [75] recommended doses of 250 and 375 mg/m<sup>2</sup> for fast and slow acetylators, respectively. Pharmacodynamic models using acetylator phenotype, pretreatment white blood cell (WBC) count, gender, and race have been suggested to permit individualised amonafide dosing in cancer patients [76, 77].

#### GLUTATHIONE S-TRANSFERASES (GST)

GSTs are a superfamily of enzymes that conjugate xenobiotics, such as herbicides, insecticides, carcinogens and anticancer agents (cyclophosphamide) with glutathione [80–83]. They have also been shown to play a role in multi-drug resistance by direct binding to drugs and/or removing them from cells [84]. Increased levels of GST in tumour cells can contribute to the detoxification of the DNA-alkylating cytotoxic metabolite (phosphoramidate mustard) of cyclophosphamide, resulting in the development of resistance [82].

Four GST families have been identified:  $\alpha$ ,  $\mu$  (M),  $\theta$  (T) and  $\pi$  [85]. *GSTM1*, *GSTM3* and *GSTT1* exhibit genetic polymorphisms [86–88]. A gene deletion occurring in *GSTM1* gives rise to a polymorphism that results in deficient expression in 40–60% of Caucasians and 35% of American Blacks [86, 89, 90]. The *GSTT1* null genotype occurs at a frequency of 15–38%, with a higher frequency among Blacks [85, 90].

GST polymorphisms appear to play an important role in the aetiology of several malignancies [85, 89, 91–93]. Interestingly, deficiency in *GSTM1* or *GSTT1* could also have a positive influence in cancer chemotherapy [85]. A lack of *GSTM1* expression in leukaemic lymphoblasts correlated with event-free survival in children with ALL [94]. Recently, Chen and colleagues [90] have demonstrated the presence of both *GSTM1* and *GSTT1* null genotypes in black children with ALL.

#### ALDEHYDE DEHYDROGENASE (ALDH)

The ALDH family comprises of at least seven members: *ALDH1* to *ALDH5*, betaine aldehyde dehydrogenase (*BADH*) and succinic semialdehyde dehydrogenase (*SSDH*) [95]. Genetic polymorphisms have been described in *ALDH2*, which is involved in the metabolism of alcohol [96]. *ALDH1*, *ALDH2* and *SSDH* have been reported to oxidise aldophosphamide [95]. *ALDH1* variants are prevalent up to 10% in the population [97]. A phenotypic deficiency in the excretion of carboxyphosphamide arising from *ALDH* poly-

morphism [98, 99] has been described. However, subsequent studies do not support this finding [100, 101].

#### URIDINE DIPHOSPHATE GLUCURONOSYLTRANSFERASES (UGTS)

UGTs are a superfamily of enzymes that catalyse the transfer of glucuronic acid moiety to a variety of endogenous substrates and xenobiotics [102–105]. Two major classes of UGT families have been identified: *UGT1* and *UGT2*. *UGT1* family members are formed by alternative splicing of exon 1 with the other exons [2–5], resulting in a conserved carboxyl region. *UGT2* isoforms are separate gene products, eight of which have been identified so far [103–106]. *UGT1* enzymes catalyse the glucuronidation of bilirubin and phenols, while substrates of *UGT2* include zidovudine, morphine and non-steroidal anti-inflammatory agents [105].

The topoisomerase I inhibitor, irinotecan (CPT-11) has been shown to exhibit significant variability in pharmacokinetic parameters and toxicities, i.e. diarrhoea and myelosuppression [107]. This variability appears to be related to the glucuronidation of its active metabolite, SN-38, which is believed to be responsible for the diarrhoeal effects [108, 109]. Considerable inter-subject variability has been observed in the rates of *in vitro* glucuronidation of SN-38 [110]. We have recently demonstrated the role of *UGT1A1* in the glucuronidation of SN-38 in our laboratory [111, 112]. This UGT isoform is also responsible for bilirubin glucuronidation in humans [113] and is absent in individuals with Crigler-Najjar type I (CN-I) syndrome [114, 115]. Patients who have milder hyperbilirubinaemia, such as those with Gilbert's syndrome [116] may also be at risk for CPT-11 induced toxicity [117]. Gilbert's syndrome, unlike CN-I disease, is common and is prevalent in up to 10–15% of the population [18, 19]. The molecular defect in Gilbert's syndrome is the presence of an additional 2 bp in the promoter region of *UGT1A1* [118, 119]. Higher incidences (up to 19%) of the homozygotes {A(TA)<sub>7</sub>TAA} have been recently reported in an Inuit population living in the Eastern Canadian Arctic [120]. Phenotype-genotype correlation studies are being initiated in our laboratory to relate *UGT1A1* activity and CPT-11 toxicity and, thus potentially individualise CPT-11 therapy.

#### CYTOCHROME P450 ENZYMES

##### CYP2D6

The *CYP2D6* polymorphism was originally suggested in the inter-subject variations observed in debrisoquine metabolism [3, 121]. *CYP2D6* activity is absent in 5–10% of European and North American Caucasian populations [122, 123]. Several alleles of *CYP2D6* have been described, such as *CYP2D6A*, *CYP2D6B*, *CYP2D6D*, *CYP2D6E* and *CYP2D6T* [122]. Correlation of poor metabolism phenotype with *CYP2D6* genotypes is being studied extensively for various therapeutic classes [124–127]. However, most anti-cancer agents are not subjected to *CYP2D6* metabolism at clinically relevant concentrations [128].

##### CYP2C

The *CYP2C* superfamily is responsible for metabolising a variety of therapeutic agents including mephenytoin [129], tobutamide [130], omeprazole [131–133], diazepam [134] and propranolol [135]. Polymorphisms in *CYP2C19* and *CYP2C9* have been described [129, 130, 136]. Frequencies of 3–5% in Caucasians and 18–23% in Oriental populations

have been described for CYP2C19 polymorphism [136]. CYP2C9 polymorphism is rarer, with an estimated frequency of 1 in 500 individuals [137]. Among the anticancer agents, teniposide is the only agent reported to interfere with S-mephenytoin metabolism on an *in vitro* level [128]. The MDR modulator, verapamil, has been reported to be metabolised by CYP2C9 [138], which may have an impact on the concomitant use of chemotherapeutic drugs and verapamil.

### CYP3A

Polymorphism in CYP3A4 was initially described in connection with the variability in the oxidation of nifedipine [139]. However, subsequent studies have demonstrated a lack of clear evidence for CYP3A polymorphism [140]. With regard to anticancer agents, CYP3A enzymes are involved in the metabolism of teniposide and etoposide [141], ifosfamide [142,143], vindesine [144], vinblastine [145,146], vincristine [145], cyclophosphamide [142], paclitaxel [147] and docetaxel [148]. Verapamil has also been reported to be metabolised by CYP3A4 (and CYP1A1) [149], which may have an impact on development of resistance when used in conjunction with anticancer agents.

### CONCLUSIONS

A major problem in cancer pharmacology is the prediction of the outcome of therapy, both in terms of tumour response and host toxicity [150, 151]. Pharmacogenetic variability in drug metabolising enzyme systems is a major determinant of variations in these outcomes. Unpredictable disposition of drugs may result in an undertreatment failing to provide therapeutic effects, or an overtreatment leading to excessive toxicity [152]. The current practice in oncology is to dose patients based upon height and body surface area, which may be imprecise. Other approaches include a more individualised approach using therapeutic drug monitoring and adaptive control [153]. Pharmacogenetically derived dosing regimens offer a new and exciting alternative to the above dosing approaches in oncology.

It is important for clinical researchers to identify and investigate therapeutic agents that exhibit unpredictable toxicity and variable pharmacokinetics/pharmacodynamics, which may be genetically determined. With the development of newer methods of molecular analysis to detect DNA polymorphisms, such as polymerase chain reaction (PCR) and restriction fragment length polymorphism (RFLP) techniques, genotyping screening approaches are increasingly becoming feasible [154–156]. Individualised dosing based upon phenotype and/or genotype of relevant drug-metabolising enzyme(s) may improve the therapeutic indices of chemotherapeutic drugs. Such methods have already proven to be beneficial, as seen with the studies on amonafide [77]. Pharmacogenetic screening prior to cancer therapy will enable the identification of patients who may be deficient in a critical detoxifying enzyme, as exemplified by the experiences with TPMT and DPD [14,32]. More information is becoming available on genetic variations in other enzyme systems such as the UGTs and CYP, with respect to their role in cancer pharmacology.

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